

PARENTING TIPS - TODDLERS (1-3 YEARS OLD)

The way you treat your child teaches them what caring, trust, and respect looks like, laying the foundation for healthy relationships and confident learning.

Ask your toddler to point to body parts or name everyday things.



Play easy games like shape matching or simple puzzles as they help your toddler think and solve problems



Let your child explore and try new things.



Help them learn to talk by repeating and adding to their words.



Let your toddler try to dress and feed themselves to build independence and learn new skills.



Praise good behaviour more than punishing bad behaviour.



If your child is upset or not listening, give them a short break and gently show them what to do instead.



Take your child on small trips, like to the park or on a bus.



Toddlers often change food choices which is normal. Encourage trying new foods with small bites.



Keeping your toddler safe means creating a secure space where they can explore, learn, and play freely.

Use gates to block stairs and lock doors to unsafe areas.



Put a fence around pools for safety and always keep your child within arm's reach to prevent them from crawling too far near water.



Cover electrical outlets your child can reach.



Keep hot items like irons and stoves out of reach.



Turn pot handles toward the back of the stove to avoid injury.



Store sharp objects where your child can't reach them.



Lock up all medicines, cleaning products, and poisons.



NEVER leave your toddler alone in a car, even for a minute.



Let your child use their imagination with pretend play.

